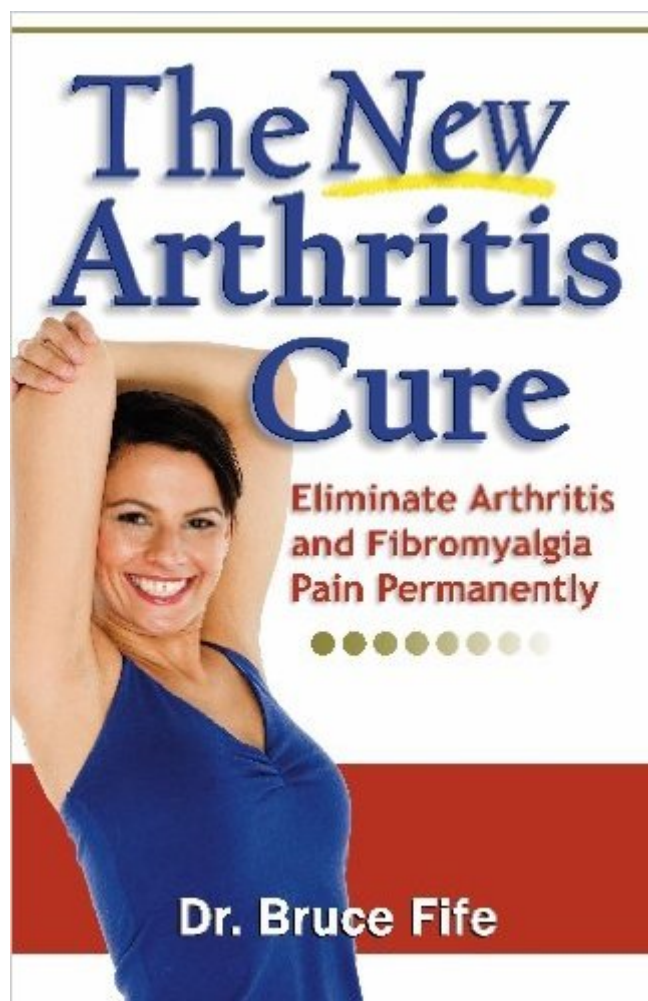


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# The New Arthritis Cure: Eliminate Arthritis And Fibromyalgia Pain Permanently



## Synopsis

This book reveals the true cause of arthritis and fibromyalgia. Up till now these conditions have been considered incurable. The reason for this is that doctors have not recognized the cause, and without knowing the cause it is virtually impossible to develop a cure. Recent medical research has established a clear cause and effect connection. The underlying cause for all the major forms of arthritis and for fibromyalgia is now known. Drugs aren't the answer. However, there are natural health-promoting therapies that do work and can stop the progression of the disease and encourage regeneration and recovery. In this book you will read about groundbreaking medical research, fascinating case studies, and inspiring personal success stories. You will learn about a totally unique approach to overcoming arthritis and fibromyalgia called the Anti-Arthritis Battle Plan. More importantly, you will learn what steps you must take in order to stop the disease process and regain your health.

## Book Information

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## Customer Reviews

This book asserts that there is such a thing as a drug-free cure for arthritis and fibromyalgia. This is not just pain reduction, but elimination. According to the author (and new medical research), the cause of arthritis is due to infection, either viral or bacterial. The first place to look for a cause, especially if you have had a root canal. It is very hard to clean all of the bacteria out of a diseased tooth, so if the root canal was done improperly, it is very possible that some of that bad bacteria will enter your bloodstream through a cut or scrape in your mouth. The bacteria will travel to someplace

"safe," where there is little blood nearby, like a bone joint. That is why the usual drugs have little, or no, effect, as the bacteria eats away at your cartilage. So what is the answer? Coconut oil. Teeth are very porous, full of tiny tubules, where the bacteria can hide. Brushing and flossing won't clean out those tubules, but coconut oil will. The book goes into detail about why coconut oil is so healthy. Take a teaspoon or two, and swish it around your mouth for several minutes. Don't gargle, and don't swallow (spit it out when you are done). You don't want to draw all those toxins out of your mouth, and deposit them in your stomach. Coconut oil can be also used in cooking, and taken internally as a dietary supplement. Do it everyday, and, after a couple of weeks, even the most extreme cases will show improvement. Is that the whole story? No. After cleaning out your system, change your diet by a lot. Everybody says that, but consider this: After going to all that trouble, and eating all that coconut oil, to clean the arthritis infection out of your body, do you really want to let it back in with an unhealthy diet?

In my early 40's I was diagnosed with severe advanced osteoarthritis in my left hip. This was in the summer of 2006 (7 years ago) by two doctors. One of them looked at me straight in the eye and leaned toward me, saying, "You are going to get a hip replacement. You will be getting one." I would go on to live in constant pain for the next seven years. As I sat in a wheelchair in the emergency room of a local hospital, I started to try and get up but I couldn't. A nurse passed by and said to me, "You better take it easy. Your arthritis is not going away." I tried different health products and got some relief, but after a couple of weeks the pain would all come back again. It was like something living in me was figuring out what I did and would adapt accordingly. Massage therapy helped me have enough strength to walk for about 15 minutes at a time but walking was still painful. I'd have 4 - 5 high pain days a week and 2 days medium pain. Every so often I'd have a few hours of low pain but never a whole day. As late as five weeks ago I constantly had hot throbbing pain in my hip and walked with a very noticeable limp. Sitting for more than 15 minutes at a time caused my leg to stiffen so I could not stand up and walk right away. I got this book because Dr. Fife was the only doctor who said his program was a cure. All other arthritis books circle around that claim and pretty much offer ways to minimize pain a little at best. On the first day I tried the oil pulling that he teaches, the hot throbbing and inflammation went away. And it hasn't come back! All my high pain and medium pain days went away too. They went down to nothing but low pain days within a day, and as the weeks have passed most of my days are no pain days!

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